

Tulaby Lake Association Newsletter

SPRING 2023

Greetings from the Tulaby Lake Association

“Brutal. That was this winter.”

Those were the greetings of last year’s 2022 Spring Newsletter. It was unimaginable that we could have another winter like that...or even more brutal.

And...now, it seems that the winter of 2022-2023 is lingering much longer than we planned. Good thing we are hardy individuals and know that this will pass. The ice will go out and we will get be back into our cabins opening the windows, dusting off the cobwebs, turning on the water and then putting in the dock. Boat motors will be tuned and fishing tackle inventory checked all in preparation for early spring fishing. Soon we will be greeting our neighbors and enjoying days with family and friends at Tulaby Lake!



*Grand Marshall
2022*

Thank you to members who have send in your annual dues of \$25. Currently we have 72 paid memberships. Typically, we have about 90 memberships paid each year. We estimate we could have up to 165 memberships for the approximately 125 cabins or properties on the lake. We also would like to thank many of you who took the time to complete the **survey** regarding the lake directory that was included with the membership form. It is very helpful to hear directly from you as the membership and board make decisions. As a reminder, the association bylaws are posted on our website (www.tulabylakeassociation.org). With a paid membership comes the privilege of voting on important matters regarding the association.

Currently, a number of directors are **looking closely at the current association bylaws** to make sure they are meeting the needs of the association, including the operation of making decisions and communication with members and residents. If you have interest in this, please contact any of the directors to find out how you can have input into updates. If there are any changes to the bylaws, the members must approve those changes.

The Tulaby Lake Association Directors would like to thank **Brian Ciak** for his time on the board. Brian recently asked to resign from the board. Brian term, which ends Dec 31, 2025, will be filled by **Rick Pavek**. We are very pleased to have Rick join the board. Rick and his wife, Deb, have been on Tulaby Lake for many years and now live full-time at the lake. Having directors on the board who reside at the lake is a great asset to the lake association. Welcome, Rick, and thank you for taking on this role.

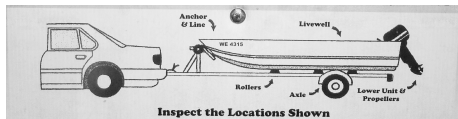
The **Spring ditch cleaning and Spring Meeting will be on Saturday, May 20th.** We hope we will see many of you that day. For the ditch cleaning, please meet at the Fire Hall at 9AM. Wear protective boots and gloves. Spray your clothes for ticks. The **Spring Meeting will be held at the Fire Hall at 1:00P M.** No shared meal will be part of the event; however, coffee and a light dessert will be served. Danny Pinske will be providing and narrating information and slides about our lake management plan. **Please plan to attend this important meeting.**

Don't forget to **like us on Facebook!** Your participation with our Facebook page is greatly appreciated.



4th of July 2022

HELP
STOP
AQUATIC
HITCHHIKERS



**THANK YOU TO THE MANY ICE FISHING FOLKS
FOR TAKING YOUR TRASH HOME WITH YOU.
YOUR EFFORTS PRESERVE THE LAKE QUALITY.**

Calendar of Events 2023

Sat. May 12, 2023

Fishing Opener

Sat. May 20, 2023

Ditch Clean Up

9AM Meet at the Fire Hall
Please consider helping for about an hour. Vests will be provided. Wear protective gloves.

Sat. May 20, 2023

Membership Meeting

1:00PM

Elbow and Tulaby Lakes Fire Hall
Refreshments will be provided.
No potluck

Mon. May 29 - Memorial Day

Tuesday, July 4, 2023

Boat Parade

10:00AM Outlet Area (boats will travel from the outlet to the landing and around the lake) Decorate the left (port) side of your pontoon/boat.

Sat, Aug 5, 2023

Membership Meeting Election of Directors

Time and Location To be determined
Watch the website & postcard notices will be sent to all

Terms ending:

Bryan Vidden
Pat Adams
Heather Arenas

Mon. Sept. 5 - Labor Day

Sat. Sept. 16, 2023

Ditch Clean Up

9:00AM meet at the Fire Hall

Calendar of Events Elbow and Tulaby Lakes Fire Department

Pancake Breakfast

Saturday, June 4, 2023

Pig Roast

Saturday, August 12, 2023

Watch for signs as the dates near!

4th of July 2022



July 4, 2022

Boat Parade

THANKS for your participation!!!

Board of Directors

Association Board Member Roster
The following is a list of Tulaby Lake
Association Board members and their
contact information.

Bryan Vidden - President
701-741-8293
bvidden@yahoo.com

John Oncken - Vice President
218-791-3437
joncken@truenorthequipment.com

Dan Pinske – Treasurer
218-734-2549
drgrain@arvig.net

Pat Adams - Secretary
651-269-6070
patrnka@gmail.com

Heather Arends
6541-917-0570
heather.arends@gmail.com

Cathy Wambach - Director
wamba001@umn.edu

Rick Pavek-
rpavек76@gmail.com

Lauri Pfeiffer
pfeifferrm@comcast.net

Karen Ahmann
ahmann@arvig.net

Board member Terms Ending in 2023:

Heather Arends
Pat Adams
Bryan Vidden

Board member Terms Ending in 2024:

Danny Pinske
John Oncken
Cathy Wambach

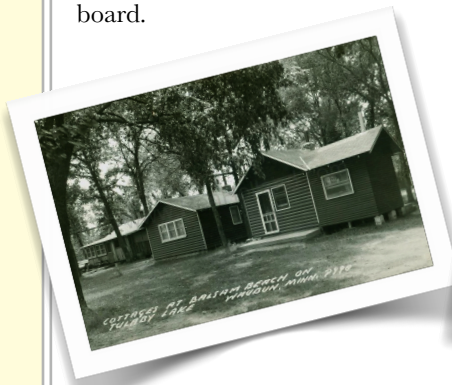
Board member Terms Ending in 2025:

Karen Ahmann
Lauri Pfeiffer
Rick Pavek

*Lake association members are always
welcome to serve as a director. Each
year actively look for new members.
Please consider a three-year term. It's
a great way to meet others.*

Experiencing Tulaby Lake

Each of us have memories of time spent on Tulaby Lake. For some the memories extend decades and generations back in time. For others they have recently discovered this special place. All of us are creating and laying down new memories of time spent at this special lake. Each year as the spring newsletter is created we reach out to residents that may have old photos or favorite stories to share. I am sure there are those out there we have missed. Going on our website you will find links to all the newsletters that have been prepared for digital viewing. Many contain information on important events and history of the lake. If any of you would like your photos or stories shared, please contact the lake association board.



Although, Tulaby Lake is not located in a active tourist-type location, we do not lack in lake and outdoor activities that make visits here enjoyable. In fact, many prefer the quietness of this lake to other busier lakes. It's our secret that Tulaby Lake being nestled in the woods offers a more peaceful experience.



Tulaby Lake Fire Tower - built 1935 at 86 feet - is a familiar place to many hiking or trail riding on a ATV.

Tulaby Lake Landing
Evening fishing, kayaking or a paddle boat tour of the shoreline is the best. Watch for otters near the landing!



Autumn Ride
Trail riding or hiking in the fall cannot be better than on the trails near Tulaby Lake.



STOP AQUATIC HITCHHIKERS!

Prevent the transport of nuisance species.
Clean all recreational equipment.
www.ProtectYourWater.net

Pull all the plugs. Clean off aquatic plants. Drain water from bilge, live-wells, bait containers. Dry for 7 days or decontaminate.
-Mahomen County Soil & Water Conservation District



2022 Jerusalem Artichokes
Tulaby Lake

Jerusalem Artichokes

You've probably seen these lovely yellow flowers, part of the sunflower family, in late summer and fall in ditches or perhaps on the border of your property. They resemble some of Minnesota's native sunflowers, which have much smaller or narrower leaves or the shorter, sun-loving, prairie-growing black-eyed Susan. Jerusalem Artichokes grow three to ten feet tall in part-shade at the edge of woods or in moist thickets or fields. Late in the season they produce underground edible tubers.

Prior to European settlement, its tubers were cultivated by Native Americans as an important source of carbohydrates. In the 1600s Native Americans introduced this plant, they called sunroot, to Europeans. The "artichoke" part of their name purportedly come from the French Explorer, Samuel de Champlain, as he was exploring Cape Cod. The term "Jerusalem" is guessed to be a morphing of the Italian name for sunflower, "girasole". It was Champlain who brought Jerusalem artichokes to Europe. Historically, Jerusalem artichokes have played an important role in hard times, notably during World War II in Europe when potatoes were in short supply.

In native habitats the plant is an important species for both foraging and nesting for pollinators, and its seeds are a rich food source for birds.

Jerusalem Artichokes can be cultivated for their edible, knobby tubers, which have a texture and taste similar to water chestnuts. However, due to their aggressive growth habit, they easily can overtake the home garden and should be planted in a dedicated location. Jerusalem artichokes have been the subject of various scientific research studies. Due to their high nutrition, low glycemic value and their high level of a high-fiber carb, they are being studied for their health benefits in the treatment of type II diabetes and obesity.

Watch for these plants in August. Who knew they are such an interesting species?

Minnesota Department of Agriculture
Minnesota Wildflowers
University of Vermont

LAKE IMPROVEMENT PLAN

Continuing Good Stewardship of Tulaby Lake

Important information concerning our lake improvement plan will be presented at the Spring Meeting on May 20th at 1PM.

As many of you know Tulaby Lake is on the Minnesota Impaired Waters list. This designation has inspired an investigation into the cause. No clear reason has been identified, however, we know that multiple contributing factors can compromise the lake's water quality. For this reason the board of directors, per membership direction, has for years strongly and actively supported best-practices in lake management. Another aspect of preserving the lake's water quality is to further investigate our lake's personality and develop a plan that provides specific steps of good stewardship that can be communicated to and practiced by our lake community residents.

The process of articulating likely causes for water impairment; developing the plan for improvement; plus communicating and implementing a plan is a complex process that requires a great deal of time, but also a deep understanding of not only the lake, but also available resources and the community that uses the lake. For these reasons, the board is investigating using an outside, expert contractor to assist in developing this plan.

Currently the board has begun a search for an expert or vendor. The lake association is extremely fortunate to have membership funds and donated dollars designated to support lake quality to pay for assistance with developing our plan. The board, however, does not want to take future steps without input from members. **On May 20th, Danny Pinkse, who has been working closely with this effort, will present information at our Spring Meeting.** At the meeting the board will listen to input from those present. If it seems we will move ahead with developing a plan, the board will ask for a motion and approval to hire an expert. The membership must approve any expenses greater than \$500, which likely will be the case for this work.

In February, along with a membership reminder, we sent information about this process and the need for the lake improvement plan. We hope you have given this some thought and we hope you will attend the May 20th meeting to share your thoughts and ideas.

THANK YOU FOR YOUR MEMBERSHIP TO THE TULABY LAKE ASSOCIATION

Your membership dues are used to continue lake water testing and monitoring, support and promote lake quality, lake stewardship, maintain partnerships with local and state organizations, fund fish stocking, and provide information to our membership and lake residents!



Please send your annual 2023 membership **dues of \$25** to:
Tulaby Lake Association, Danny Pinske Treasurer
38150 Tulaby Lake Drive, Waubun, MN 56589

Please be sure to return the included survey. Thank you.